

Warm-ups and activities for short active breaks based mostly on authentic commercials and jokes

<p>1. A TV commercial</p> <p>Question 1: Why is the man shouting? <i>Students' answers: ...</i></p> <p>Question 2: Watch the commercial again and say what is advertised here:</p> <p>a) an ointment b) a painkiller c) a first aid kit</p> <p>✂ ✂ ✂ ✂ ✂</p>	 <p>Answer key: 1. He's burnt himself. 2. c) a first aid kit Use this link: https://www.youtube.com/watch?v=IR8_RoShtX0 TV commercial - Funny St John First Aid Kit video - Australian.wmv (access date: 6.02.2018)</p>
<p>2. A TV commercial</p> <p>What is the man doing? (More than one answer is possible)</p> <p>1) He's peeing 2) He's writing 3) He's dancing 4) He's proposing</p> <p>✂ ✂ ✂ ✂ ✂</p>	 <p>→ <u>pause after 29 seconds</u> to listen to your students' answers. Then, play the rest of the ad.</p> <p>Answer key: He's proposing, peeing and writing 😊 Use this link: https://www.youtube.com/watch?v=wOJNMNczZKU Funniest Commercials Ever - You Can't Stop Laughing (access date: 30.10.2017)</p>
<p>3. A radio commercial</p> <p>What is advertised here?</p> <p>✂ ✂ ✂ ✂ ✂</p> <p>Answer key: a shampoo for dogs (The recording is available on YouTube so students can't see the screen) Flow Shampoo Radio, https://www.youtube.com/watch?v=NR0xb-Da_s (access date: 30.10.2017)</p>	
<p>4. A TV commercial</p> <p>What is advertised?</p> <p>a) healthy sandwiches with onion and garlic b) a liquid that kills bad breath</p> <p>✂ ✂ ✂ ✂ ✂</p>	 <p>Answer key: b) a liquid that kills bad breath Use this link: https://www.youtube.com/watch?v=UC5ikqhUMc Scope crest dual-blast mouthwash commercial (access date: 6.02.2018)</p>
<p>5. A radio advert</p> <p>Finish the sentence: 'Have a break, have a _____'.</p> <p>✂ ✂ ✂ ✂ ✂</p> <p>Answer key: KitKat (The recording is available on YouTube so students can't see the screen) Use this link: https://www.youtube.com/watch?v=-gHJksfzZGw KitKat Radio Advert (access date: 23.03.2018)</p>	
<p>6. A radio advert</p> <p>What is 'mmmmm' to everyone?</p> <p>✂ ✂ ✂ ✂ ✂</p> <p>Answer key: Lipton Green Tea (students can't see the screen) Use this link: https://www.youtube.com/watch?v=kWqG4ANTOyY</p>	

7. Choose a, b, or c to finish the joke:

A man goes to the doctor and says, 'Doctor, wherever I touch, it hurts.'

The doctor asks, 'What do you mean?'

The man says, 'When I touch my shoulder, it really hurts. If I touch my knee - OUCH!

When I touch my forehead, it really, really hurts.'

The doctor says, 'I know what's wrong with you - _____'

a) you've broken your finger!

b) you're going to die very soon!

c) you are a hypochondriac!

✂ ✂ ✂ ✂ ✂

The right answer is *a)*

Adapted from Jokes in English for the ESL/EFL Classroom. A Project of The Internet TESL Journal, joke submitted by Sean McLoughlin, <http://iteslj.org/c/jokes-short.html> (access date: 22.03.2018)

8. Finish the joke:

Girl: You would be a good dancer except for two things.

Boy: What are the two things?

Girl: _____

✂ ✂ ✂ ✂ ✂

The right answer is 'Your feet' 😊

Adapted from Jokes in English for the ESL/EFL Classroom. A Project of The Internet TESL Journal, joke submitted by Bob Waldman, <http://iteslj.org/c/jokes-short.html> (access date: 22.03.2018)

9. Finish the joke:

A: Why are you crying?

B: The elephant is dead.

A: Was it your pet?



B: No, but I'm the one who must _____

✂ ✂ ✂ ✂ ✂ ✂ ✂ ✂ ✂ ✂

The right answer is 'dig its grave' 😊

Adapted from Jokes in English for the ESL/EFL Classroom. A Project of The Internet TESL Journal, joke submitted by Joe, from Indiana, <http://iteslj.org/c/jokes-short.html> (access date: 22.03.2018).
Graphics: <https://pixabay.com/pl/s%C5%82o%C5%84-zwierz%C4%85t-afryka-3095552/> (access date: 22.03.2018)

10. Finish the joke:

A teenage girl had been talking on the phone for about half an hour, and then she hung up.

'Wow!' said her father, 'That was short. You usually talk for two hours. What happened?'

' _____,' replied the girl.

✂ ✂ ✂ ✂ ✂ ✂ ✂ ✂ ✂ ✂

The right answer is 'Wrong number' 😊

Adapted from Jokes in English for the ESL/EFL Classroom. A Project of The Internet TESL Journal, <http://iteslj.org/c/jokes-short.html> (access date: 22.03.2018)

11. Finish the joke:

When I see lovers' names carved in a tree, I don't think it's sweet. I just think it's surprising how many people _____ on a date.

✂ ✂ ✂ ✂ ✂ ✂ ✂ ✂ ✂ ✂

The right answer is 'bring a knife' 😊

Adapted from Short-funny.com <http://www.short-funny.com/> (access date: 27.03.2018).

12. Finish the joke:

Can a kangaroo jump higher than a house?

- Of course, a house _____ at all.

✂ ✂ ✂ ✂ ✂ ✂ ✂ ✂ ✂ ✂

The right answer is 'doesn't jump' 😊

Adapted from Short-funny.com <http://www.short-funny.com/> (access date: 27.03.2018).

13. Physical activity breaks (with music in the background)

After activities that require students' concentration, they can clear their minds by doing some simple physical activities:

- **Put your hands up and reach for the sky.**
- **Hold for 5 seconds.**
- **Put your hands up and bend to the left/right.**
- **Interlace your fingers and stretch your arms up.**
- **Hop on your left/right foot.**
- **Stand on your toes and stretch up high.**
- **Do (five squats).**
- **Stoop/Bend down and touch your toes.**
- **Jog/March in place.**
- **Do jumping jacks.**
- **Spin your head.**
- **Move your shoulders up and down.**
- **Take a deep breath and let it out.**
- **Hold your arms straight to the sides and make (five) arm circles forward/backward.**